

POWERFLEX®

PART NUMBER

PFF3-211

DESCRIPTION

FRONT LOWER ARM INNER BUSH

INSTALLATION GUIDE

Contents (parts per pack):

- | | |
|-------------------------|-----------------------------|
| 2 x Polyurethane Bushes | 1 x PTFE Silicone Grease |
| 2 x Metal Washers | 2 x Stainless Steel Sleeves |

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

Fitting Instructions:

1. Remove the original rubber bush from the arm.
2. Clean any dirt and corrosion from the bore in the arm.
3. Using a file, remove any sharp edges from around the bore of the arm and thus creating a small chamfer.

Note: on some subframes where the arm fits into the subframe, an extra lug is sometimes present and may require grinding away (Figure 3).

Tip: apply some washing up liquid around the bush for ease of fitting.

4. Press the polyurethane bush into the arm at a slight angle so one part of the lip is already in the bore of the arm to ensure an easy fitting (Figure 1).

Note: make sure the lip has popped out the other side of the arm.

5. Apply some of the supplied grease to the bore of the polyurethane bush and insert the stainless steel sleeve into the bush.

6. Sit the washer against the captive metal lug on the chassis section (Figure 2). **Note: don't sit the washer against the flat side of the chassis**

6. Re-fit the arm to the car and tension all hardware to manufacturers recommended torque settings.



Figure 1

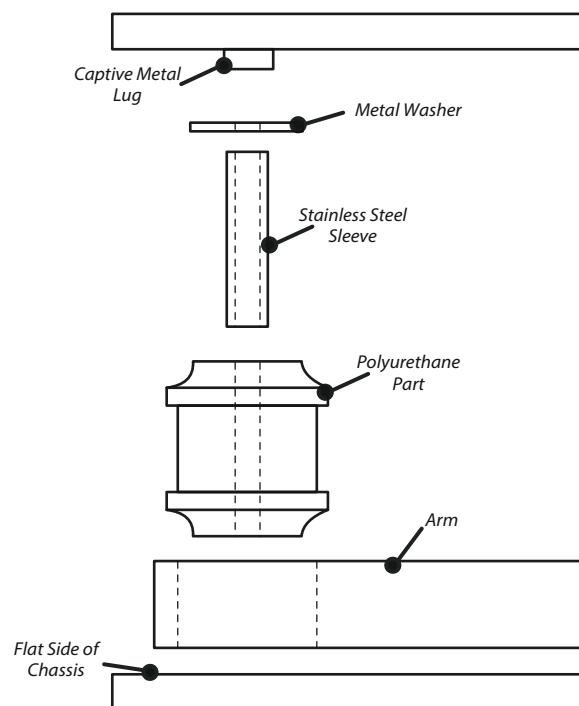


Figure 2 - how the polyurethane part fits inside the arm



Figure 3